

Summer Menu

<p>Brekky toast cereal smoothy</p> <p>Lunch rolls snacks fruit</p> <p>afternoon tea pasta/wraps</p> <p>Dinners</p> <ul style="list-style-type: none"> • Burritos • Soup – pumpkin, sweet potato, cauliflower, potato, carrot, red lentils • home burgers • shepherd's pie • pizza – fetta, olives, mushroom, capsicum, onions, garlic, basil, tomato • sausages and mash • breakfast for dinner – eggs and facon • sausage rolls • Ravioli • tofu wraps • roast with veggies 	<p>Beans and legumes cheese pasta cream butter parmesan cheese fetta veggie sausages veggie roast tofu facon sour cream milk yoghurt puff pastry pesto ravioli</p> <p>taco stuff wraps burritos</p> <p>eggs</p> <p>carrots onion garlic tomatoes lettuce mushrooms potatoes sweet potato pumpkin capsicum basil sundried tomatoes lunch fruit</p> <p>olive oil vinegar soy sauce mayonnaise sweet chill sauce tomato sauce Worcestershire sauce olives</p>	<p>Tea coffee</p> <p>cereal flour yeast sugar cat food</p> <p>peanut butter vegemite honey</p> <p>poppy seeds sesame seeds pumpkin and thing seeds coconut cocoa stock</p> <p>shampoo conditioner soap toothpaste toothbrush razors shaving cream tampons pads sunscreen toilet paper iron tablets vinegar bicarb tea tree oil eucalyptus oil</p> <p>clothes detergent dishwashing detergent wipes duster</p> <p>pens pencils paper</p>
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